

# Yeppoon SLSC

## 2018/19 Training Calendar

### **BRONZE MEDALLION**

*Certificate II in Public Safety (Aquatic Rescue)*

#### Overview:

The aim of the Bronze Medallion course is to develop your skills and knowledge to perform the role of a patrolling lifesaver on the beach. You will develop skills and knowledge to select appropriate equipment (tube, board, AED, radios) when responding to an aquatic rescue or during routine patrol duties.

#### Pre-Requisites:

- At least 15 years of age at date of assessment
- 400m pool swim in under 9minutes

#### When:

Nov 1<sup>st</sup> – Dec 6<sup>th</sup> Sundays 12-5 (except Nov 15<sup>th</sup> 8-5)  
Jan 17<sup>th</sup> – Feb 21<sup>st</sup> Sundays 12-5 (except Jan 31<sup>st</sup> 8-5)

### **SURF RESCUE CERTIFICATE**

#### Overview:

This course is aimed at members wanting to participate on patrol or as water safety personnel for Surf Sports or Junior Activities. The SRC is a stepping stone towards a Bronze Medallion, with less demanding assessment tasks. The aim of the course is to develop basic skills about surf awareness, first aid, rescue, CPR and patrols.

#### Pre-Requisites:

- At least 13 years of age at date of assessment
- 200m pool swim in under 5minutes

#### When:

Sunday 11<sup>th</sup> October to Sunday 22<sup>nd</sup> Nov 830-11:30am  
With BM course - 4 weeks only – no full day unless 14+

### **ADVANCED RESUSCITATION TECHNIQUES**

*HLTAID007 Provide advanced resuscitation techniques*

#### Overview:

The aim of this course is to develop skills in using AEDs, suction, airway management equipment, oxygen during resuscitation and to administer oxygen to a conscious or unconscious patient.

#### Pre-Requisites:

- At least 15 years of age at date of assessment
- Proficient in **one** of the following awards:
  - o Bronze Medallion
  - o First Aid
  - o CPR

#### When:

Sunday 13<sup>th</sup> December 8am-2pm  
Sunday 7<sup>th</sup> March 8am-2pm

### **FIRST AID + CPR**

*HLTAID003 Provide First Aid and HLTAID001 Provide CPR*

#### Overview:

This course is developed to meet the identified needs for a member wishing to extend their knowledge of providing first aid.

If doing CPR only attendance will be for first 4 hours.

#### Pre-Requisites:

- At least 14 years of age at date of assessment

### **FIRST AID + CPR**

#### When:

Sunday 11<sup>th</sup> October (8am-5pm)  
Sunday 15<sup>th</sup> November(8am-5pm)  
Sunday 31<sup>st</sup> January (8am-5pm)

### **SILVER MEDALLION BEACH MANAGEMENT**

*PUATEA002B work autonomously; PUAOPE027A Undertake beach safety management activities; BSBFLM312C Contribute to team effectiveness.*

#### Overview:

This course is aimed at experienced lifesavers wanting to be a patrol captain or lifeguard. It is an extension of basic principles learnt in the Bronze Medallion course and equips members to be an entry level beach manager and team leader.

#### Pre-Requisites:

- At least 17 years of age at date of assessment
- Hold a Certificate II in Public Safety (Aquatic Rescue)
- Complete online modules (as instructed on enrolment)
- Be proficient in **ONE** of the following awards:
  - o Bronze Medallion
  - o Apply (senior) First Aid
  - o Radio Operator Certificate
  - o Advanced Resuscitation Certificate
  - o Spinal Management

#### When

Tuesday evenings 6-9pm via Zoom – TBC according to need

To enrol in these courses please email Kirsty Glithero on [cto@yeppoonslsc.com.au](mailto:cto@yeppoonslsc.com.au), at least 2 weeks prior to the course start date.

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### SILVER MEDALLION – IRB DRIVER

*PUASAR014A Operate and maintain a small powercraft and motor for rescue operations*

#### Overview:

The aim of this course is to help you develop knowledge and skills to safely and effectively drive an Inflatable Rescue Boat.

#### Pre-Requisites:

- At least 17 years of age at date of assessment
- Qld Recreational Marine Licence
- Proficient in the following awards:
  - o Bronze Medallion
  - o IRB Crewman Certificate

#### When:

January 2<sup>nd</sup> 3<sup>rd</sup> 9<sup>th</sup> and 10<sup>th</sup> 12pm-4pm - TBC  
April 3<sup>rd</sup> 4<sup>th</sup> 10<sup>th</sup> 11<sup>th</sup> 12-4pm - TBC

### IRB CREWMAN CERTIFICATE

*PUASAR015A Crew small powercraft in a rescue operation*

#### Overview:

The aim of this course is to help you develop skills and knowledge to effectively participate as crew in rescues using an IRB.

#### Pre-Requisites:

- At least 15 years of age at date of assessment
- Proficient in the following award:
  - o Bronze Medallion

#### When:

January 2<sup>nd</sup> 3<sup>rd</sup> 9<sup>th</sup> and 10<sup>th</sup> 12pm-4pm - TBC  
April 3<sup>rd</sup> 4<sup>th</sup> 10<sup>th</sup> 11<sup>th</sup> 12-4pm - TBC

### PROFICIENCIES (IRB AWARDS)

*SM – IRB Driver, IRB Crewman*

#### Information:

Sunday October 4<sup>th</sup> 12pm  
Saturday October 31<sup>st</sup> 1pm  
Sunday 8<sup>th</sup> November 12pm  
Sunday 29<sup>th</sup> November 12pm  
Sunday 6<sup>th</sup> December 12pm  
Sunday 20<sup>th</sup> December 12pm  
Sunday 27<sup>th</sup> December 12pm

### QLD Observers Course

Required by all age managers and all patrolling award members (i.e. those patrolling with no BM or SRC)

#### Pre-Requisites:

- At least 15 years of age at date of assessment
- Complete online BM modules 1,2 and 7

#### When:

Theory to be completed online  
Assessment Sunday 4<sup>th</sup> October 8am

### PROFICIENCIES (PATROL AWARDS)

*Bronze Medallion, Resuscitation, SSV, Advanced Resuscitation Techniques, Surf Rescue Certificate.*

#### Information:

Evidence of pre-requisites must be brought to session to allow participation  
Please enrol via members portal for available sessions as number will be limited due to COVID restrictions availability of equipment and assessors

#### Pre-Requisites:

- Online Skills Maintenance completed – to be found in courses section on Members Portal – laptops available in training room to complete this if necessary
- Pool swim 400m in 9 minutes or less if no proficiency completed in 2019 season

#### When:

Sunday 4<sup>th</sup> October 9am  
Saturday 31<sup>st</sup> October 1pm  
Sunday 8<sup>th</sup> November 9am  
Sunday 29<sup>th</sup> November 9am  
Sunday 6<sup>nd</sup> December 9am  
Sunday 20<sup>th</sup> December 9am  
Sunday 27<sup>th</sup> December 9am

To enrol in these courses please email Kirsty Glithero on [cto@yeppoonslsc.com.au](mailto:cto@yeppoonslsc.com.au), at least 2 weeks prior to the course start date.