



# Bundaberg SLSC

## 2020/21 Training Calendar

### **BRONZE MEDALLION**

*Certificate II in Public Safety (Aquatic Rescue)*

#### Overview:

The aim of the Bronze Medallion course is to develop your skills and knowledge to perform the role of a patrolling lifesaver on the beach. You will develop skills and knowledge to select appropriate equipment (tube, board, AED, radios) when responding to an aquatic rescue or during routine patrol duties.

#### Entry Requirements:

- At least 15 years of age at date of assessment
- 400m pool swim in under 9minutes

#### When:

Course #1: Sunday to Thursday 27<sup>th</sup> Sept– 1<sup>st</sup> October

Course #2: Sundays 25<sup>th</sup> October; 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 29<sup>th</sup> November

Times as per issued program

### **FIRST AID**

*HLTAID003 Provide First Aid and HLTAID001 Provide CPR*

#### Overview:

This course is developed to meet the identified needs for a member wishing to extend their knowledge of providing first aid.

#### Entry Requirements:

- At least 14 years of age at date of assessment
- Must be a patrolling member OR enrolled in a course that will allow you to patrol (Minimum of 8 participants required)

#### When:

Sunday 4<sup>th</sup> October (if 8 min enrolled) 8:30am– all day

Sunday 25<sup>th</sup> October 8:30am – all day

Course 3 TBA 8:30am – all day

### **ADVANCED RESUSCITATION TECHNIQUES**

*HLTAID007 Provide advanced resuscitation techniques*

#### Overview:

The aim of this course is to develop skills in using AEDs, suction, airway management equipment, oxygen during resuscitation and to administer oxygen to a conscious or unconscious patient.

#### Entry Requirements:

- At least 15 years of age at date of assessment
- Proficient in **ONE** of the following awards:
  - Bronze Medallion
  - Apply (Senior) First Aid/First Aid [AID]
  - Resuscitation Certificate

#### When:

Saturday 28<sup>th</sup> November

8:30am – all day

Course 2 TBA

8:30am – all day

### **RESUSCITATION CERTIFICATE**

*HLTAID001 Provide CPR*

#### Overview:

The aim of this course is to develop skills in CPR.

#### Entry Requirements:

- At least 10 years of age at date of assessment

#### When:

Saturday 19<sup>th</sup> September (min 8 enrolled) 12:00 –3:00pm

Sunday 25<sup>th</sup> October 8:30am – lunchtime

Course 3 TBA 8:30am – lunchtime

### **SILVER MEDALLION – IRB DRIVER**

*PUASAR014A Operate and maintain a small powercraft and motor for rescue operations*

#### Overview:

The aim of this course is to help you develop knowledge and skills to safely and effectively drive an Inflatable Rescue Boat.

#### Entry Requirements:

- At least 17 years of age at date of assessment
- Hold current Qld Recreational Marine Licence
- Proficient in **BOTH** of the following awards:
  - Bronze Medallion
  - IRB Crewman Certificate

#### When:

Course 1: Saturday and Sunday 10<sup>th</sup>-11<sup>th</sup> Oct & 17<sup>th</sup>-18<sup>th</sup> Oct

Course 2: Saturday & Sunday 28<sup>th</sup> 29<sup>th</sup> Nov & 5<sup>th</sup>- 6<sup>th</sup> Dec

Course 3: January-February TBA

### **IRB CREWMAN CERTIFICATE**

*PUASAR015A Crew small powercraft in a rescue operation*

#### Overview:

The aim of this course is to help you develop skills and knowledge to effectively participate as crew in rescues using an IRB.

#### Entry Requirements:

- At least 15 years of age at date of assessment
- Proficient in Bronze Medallion

#### When:

Course 1: Saturday and Sunday 10<sup>th</sup>-11<sup>th</sup> Oct & 17<sup>th</sup>-18<sup>th</sup> Oct

Course 2: Saturday & Sunday 31<sup>st</sup> Oct – 1<sup>st</sup> Nov & 7<sup>th</sup> Nov

Course 3: January-February TBA

If you have enrolled in any course please email Dave Lester on [training@bundabergslsc.com.au](mailto:training@bundabergslsc.com.au), at least 2 weeks prior to the course start date.

**NO NOMINATIONS WILL TAKEN VIA SOCIAL MEDIA.**



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### SILVER MEDALLION BEACH MANAGEMENT

*PUATEA002B work autonomously; PUAOPE027A Undertake beach safety management activities; BSBFLM312C Contribute to team effectiveness.*

#### Overview:

This course is aimed at experienced lifesavers wanting to be a patrol captain or lifeguard. It is an extension of basic principles learnt in the Bronze Medallion course and equips members to be an entry level beach manager and team leader.

#### Entry Requirements:

- At least 17 years of age at date of assessment
- Hold a Certificate II in Public Safety (Aquatic Rescue)
- Be proficient in **ONE** of the following awards:
  - o Bronze Medallion
  - o Apply (senior) First Aid/First Aid [AID]
  - o Radio Operator Certificate
  - o Advanced Resuscitation Techniques [AID]

#### When:

Conducted by Surf Life Saving Wide Bay Capricorn Branch  
TBA Eligible candidates will be notified.

**THIS DOCUMENT IS SUBJECT TO CHANGE WITHOUT NOTICE DEPENDING ON THE COVID SITUATION.**

**PLEASE BE AWARE THAT COURSE NUMBERS WILL BE CAPPED TO 15 DUE TO COVID RESTRICTIONS.**

### SURF RESCUE CERTIFICATE

#### Overview:

This course is aimed at members wanting to participate on patrol or as water safety personnel for Surf Sports or Junior Activities. The SRC is a stepping stone towards a Bronze Medallion, with less demanding assessment tasks. The aim of the course is to develop basic skills about surf awareness, first aid, rescue, CPR and patrols.

#### Entry Requirements:

- At least 13 years of age at date of assessment
- 200m pool swim in under 5 minutes

#### When:

Course #1: Saturday to Tuesday 19<sup>th</sup> – 22<sup>th</sup> September  
Course #2: Sundays 25<sup>th</sup> October; 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup> November  
**excluding Surf Sport Carnivals** 22<sup>nd</sup> Nov 2020

### OBSERVERS CERTIFICATE

#### Overview:

This course is aimed at members wanting to develop their knowledge of surf awareness and skills to enable them to read the surf, identify risks, hazards and people in difficulty in the surf. This is the minimum pre-requisite to become an Age Manager

#### Entry Requirements:

- Financial club member
- At least 15 years of age at date of assessment

#### When:

Sunday 11<sup>th</sup> October 12 noon – 3pm

### SKILLS MAINTENANCE

*Bronze Medallion, Resuscitation, Radio, Advanced Resuscitation Techniques, Surf Rescue Certificate.*

#### Information:

You **MUST** complete your Online Theory Questions (instructions included in email) and have a copy of the completion certificate to provide on the day – otherwise you will be required to complete a paper version.

#### When:

Sunday 13 <sup>th</sup> September	12 noon – 2:00pm
(NB: PC's to attend 13/09/2020 for Club endorsement)	
Saturday 21 <sup>st</sup> November	2:00pm – 4:00pm
Sunday 20 <sup>th</sup> December	12:00am – 2:00pm

#### ***SM – IRB Driver, IRB Crewman***

Sunday 13 <sup>th</sup> September	2:00 - 4:00pm
Sunday 18 <sup>th</sup> October	9:00am - finished

(May be able to be done after Patrol Award Skills Maintenance, listed above, if an assessor is available).

#### **NOTE:**

- 1. ANY PERSON WHO DOES NOT COMPLETE THEIR SKILLS MAINTENANCE FOR BRONZE MEDALLION AND/OR SURF RESCUE CERTIFICATE BY 31<sup>ST</sup> DECEMBER MUST COMPLETE THE REQUIRED POOL SWIM PRIOR TO PROCEEDING WITH SKILLS MAINTENANCE (BM 400m under 9min; SRC 200m under 5min).**  
NB. CTO must gain SLSQ approval prior to completing late Skills Maintenance.
- 2. ANY PERSON WHO DOES NOT COMPLETE THEIR SKILLS MAINTENANCE BY DECEMBER 31<sup>ST</sup> WILL NOT BE ELIGIBLE TO COMPETE AT ANY CARNIVAL UNTIL JULY 1<sup>ST</sup>.**

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